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# LADIES GOLF ACADEMY 2025

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DRIVING WOMEN  
FORWARD!



01277 650400



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Billericay, Essex, CM12 0SP



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IT HAS SO MANY  
POSITIVES! FITNESS,  
FRIENDSHIPS, FRESH  
AIR, CHALLENGES  
AND SO MANY  
LAUGHS!

-SUE TYNAN, ACADEMY  
MEMBER



## ABOUT THE ACADEMY

PGA Golf Professional Lucy Clarke runs our Ladies Golf Academy, to give women the opportunity to learn the game, and teach them in a friendly and relaxed environment.

Taking up a new sport at a club can always feel a bit daunting. We encourage women to join as a group so that everyone feels comfortable learning together!

The Academy Membership includes:

- 4 x 1 Hour Group Lessons plus 2 Individual Lessons
- 7 Day access to the Course
- Play after 12pm on Weekends
- 4 Day booking rights
- Discount when upgrading to a full Membership

## THE BENEFITS

- Low Intensity exercise accumulating over 10,000 steps per round (burning 1000 calories).
- Improve mental wellbeing
- Chance to play a challenging & rewarding game
- Help aid fitness, weight loss & flexibility
- Make new friends
- Spend more time outdoors
- Learn new skills
- Help reduce stress and anxiety

## MEMBERSHIP FEE

£299 FOR 6 MONTHS  
MANOR COURSE MEMBERSHIP

## TESTIMONIALS

“I joined the Academy to be able to play with like-minded ladies in the preparation ahead of retirement, whilst still working full time. I really enjoyed my time in the Academy had lots of fun meeting and learning with other ladies, Lucy always makes it fun. We have since set up a WhatsApp group to make it easier to play amongst the academy groups.”

-Lyn Cuffley  
Academy Member 2024





## ABOUT LUCY

I was first introduced to the sport at the early stages of my life, starting when I was just 8 years old. Over the years I have worked consistently to improve my game. Training with both my County and playing with the Essex Ladies before my 18th Birthday. At 19, I had reached a Handicap of 2.8 and was granted a Golfing Scholarship at The Lon Morris College in Texas, USA. Playing Golf whilst working towards an Associate Degree, I was able to broaden my horizons encountering new training methods and techniques.

Having returned to the UK, I then made the decision to undergo the PGA'S rigorous coaching course and becoming a teaching Golf Professional. I began training at Chelmsford Golf Club and made a name for myself by creating an academy programme that brought new Juniors into the game whilst also running a Ladies adult starter scheme.

Those that started learning with me many years ago are still playing and loving the game of Golf now which is one of the main reasons why I wanted to teach.

Players who train with me always benefit from my infectious love of the sport and my dedication in helping them to improve their skills to the best they can and enjoy it to its full potential.

The best feeling of all is seeing my Clients meet great friends, love the game and gaining a skill for life!

Lucy Clark PGA

PGA Golf Professional



It was only by chance that I heard about the Ladies Academy at Stock Brook Manor and after making a friend who introduced me to it I decided to join and I haven't looked back since! I have played with a wonderful group of ladies who I now consider friends, my golf has improved over the year but I have to admit we haven't stopped playing, come rain and shine and haven't stopped laughing and have had more than our monies worth.

Lucy the golf pro has taken me through the academy and helped me improve my golf every step of the way,

Jon from the Golf membership team guided me through the best package when I knew I had to join as soon as the academy was coming to an end, he continues to be a friendly face whenever I see him in the club.

I can honestly say it's been great and I look forward to continuing my membership year after year. It has so many positives! Fitness, friendships, fresh air, challenges and so many laughs!

-Sue Tynan, Academy Member 2024





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