



**Tuesday 21st December 9-11am**

**Wednesday 22nd December 9-11am**

**Tennis sessions include:**

Tennis  
Games  
Technique  
Agility  
Balance

**What to bring:**

Drink and snack.

**What to wear:**

Sporty clothing, appropriate for running around, trainers, jacket in case of rain.

**Cost:**

£15 members  
£20 non members

**Coaches:**

All of our coaches hold LTA Licences and are following the up to date LTA Guidelines on Covid 19 safety practices.

**How to book:**

To book please email  
[advantagetennis100@outlook.com](mailto:advantagetennis100@outlook.com)  
or text **07880 728570** and we will reply confirming your booking.

